



NAGEELA

CAMP NAGEELA WEST

USER MANUAL
Summer 2022

Guide To camp policies, schedules and packing lists



Dear Parents:

We would like to welcome you to the Camp Nageela West family. We're excited to announce our Bar Mitzvah season! That's right, our thirteenth summer operating on the West Coast. Nageela's success over the years has been directly linked to our efforts to get to know and accommodate each and every camper as best as possible. Because of our size, our Camp Nageela staff is sensitized to cater to the needs of each camper.

In this information packet there is a questionnaire for parents to complete, and a short one for campers to complete. These questionnaires help us to be prepared so that your child's transition to camp life is as smooth as possible. Please be sure to include a recent picture as well.

The names and numbers of our head staff are also listed in this Directory of Information. You may contact them directly regarding any private matters we should know about or that will enhance your child's stay at camp. Of course, the camp office is always available to answer your questions. With your full cooperation, you can be assured that your child's experience in Camp Nageela West will be a special and memorable one.

Sincerely,

Rabbi Dani Locker
Camp Director



**OUR THIRTEENTH
SEASON!**

**INTRODUCING
MAIN CAMP +
TRAVEL**



Introduction:

This user manual is intended to give you the information you need before camp starts. Please read it and refer to it as necessary. This summer is different in the six different sessions taking place, with some campers doing one or two of them, and some families involved in all of them. Most of the information below includes general camp policies that apply to all sessions. Where appropriate, we have specified the differing details for the different sessions. If your child is attending the FULL Nageela session, then please follow the instructions for both the main camp and travel camp. For reference, the six options are:

- A. Girls Main Camp: June 27- July 14
- B. Girls Travel Camp: July 14- July 21
- C. Girls FULL Nageela: June 27- July 21
- D. Boys Travel Camp: July 11- July 18
- E. Boys Main Camp: July 18- Aug 4
- F. Boys FULL Nageela: July 11- Aug 4

Luggage

“My child is going to camp... what a great opportunity to empty all of our closets and garage!”

We encourage you to pack lightly for camp. We recommend for each camper to bring one suitcase or trunk, and a small overnight bag or backpack. Please do not bring more than two suitcases. We know you may be used to packing more heavily, so consider this a growth opportunity.

Really folks, it's just three weeks.

Please see the suggested packing list at the end of this booklet.

Bunks and Bunking Requests

Main Camp Session:

Campers will be staying in spacious bunkhouses, each bunkhouse has its own set of showers and bathrooms. Campers will be placed with friends of approximately the same age, with staff in each bunk. We will try to accommodate bunking requests, as long as they are with children of approximately the same grade. Please indicate on the online camper information form or call the office with your specific bunk request. All bunk requests must be in before June 15th.

In those few instances when a problem with bunking arises, in most cases it is because of the following difficulties:

1. Parents supply the wrong information (for real- we see applications with totally inaccurate ages and grades provided).
2. Parents request that a camper NOT be put together with their child without the camper's knowledge.
3. Camper's request to be with a friend who we know from past experience will not do well.

Travel Session:

There will be a smaller group in the weeklong travel session, and our lodging accommodations are different every night, so the bunking will be a little different than a standard camp session. We will still bunk campers with those of similar ages.

Family History

While the summer experience is a positive and enjoyable one for the majority of children, there are some campers who take longer than most to adjust to their new surroundings. When a problem arises with a homesick (or bedwetting) camper, we may spend many hours speaking to and counseling them only to find that the problems are not so much the camp environment but rather a year-round situation that surfaces during this insecure period.

It is therefore extremely important that a member of the camp staff be made aware of any unique situation that can affect a child away from home.

Areas of concern may be, but are not limited to, bed wetting, food allergies, and other medical problems, physical or emotional limitations, changing of schools, etc. Most important are difficulties at home, such as recent or pending separation or divorce. Please be honest with us. The more we know before the summer, the better we are able to deal with your child during the summer. It's also helpful for us to know if your child is in therapy.

Please fill out the confidential 'getting to know you' form found on our website. All information will be held in strictest confidence.

You can also call your respective Head Counselor directly.

While we make every attempt to make each camper as comfortable as possible, a problem of "homesickness" may arise. There are those who – for whatever reason – are not cut out for camping and all agree he/she should be going home. All

of these concerns will be discussed with Rabbi Locker directly, and together with the child's parents, will make the final decision about how to proceed.

Cancellation and Early Departure Policy

Please understand that a great deal of expense goes into ordering supplies, hiring staff and making travel arrangements for your child. Therefore, any cancellations made after May 1st will incur a \$750.00 penalty.

Cancellations made after June 1st are not eligible for a refund.

Our policy for early departure is as follows:

You must discuss your child's situation with the head counselor and get his/her approval for your child to depart.

If the head counselor agrees that all attempts were made to "try to make it work" but it just was not possible, you will be granted a refund.

Refunds are calculated on the basis of \$750.00 fee plus the pro-rated cost of \$150 per day for the number of days your child was in camp.

Medical Information

As you are aware, during the camp season children are more active than they are during the year. Although we try to be as safe as possible, active lifestyles always carry the risk of injury or health issues. Please read through our medical policies carefully, so that we can work together to keep your children

happy and healthy.

Allergies

Some important words from our camp doctor:

We at camp would like to do all we can to help your child fully enjoy the summer camp experience. In the past few years we have seen an increase in seasonal allergy symptoms in the general population.

Studies have shown that early recognition and treatment of symptoms help reduce the frequency and severity of the “allergy attacks”.

We therefore recommend the following for parents who have a child with a history (or suspected history) of seasonal/ environmental allergies. Please, at the time of your child’s yearly physical, discuss the possibility of taking a proactive/preventative approach. If your doctor agrees to this, it would probably involve starting your child on a course of treatment at least a few weeks prior to camp.

We will be glad to follow through on any instructions from your physician, to maintain the treatments throughout the summer.

Medical Care

With almost everyone on an HMO or Managed Care Program we would like to clarify our policy on using outside doctors and hospital visits for regular sick visits or in an emergency.

Illnesses and Injury: There is no charge for any “in house” medical care by our nurse. Of course, hospital visits, outside doctors, blood tests, x-rays, lab work or any other outside billable services our nurse or a doctor may order for the benefit of the child will be billed.

Our priority has always been and will continue to be what is in the best interest of the child. We will contact you immediately in the event that serious outside medical services are required. You will then have to make the choice to use local medical facilities/doctors or to take your child home to use your HMO/managed care doctor. If, however, time is of the essence, and/or you cannot be reached, we will do what we must under our doctor's instructions to insure that your child gets the best possible care regardless of cost or inconvenience.

NOTE: Check with your HMO as to what provisions they have for out-of-network emergency care, what type of notification they need and the approval process. This will save valuable time and money in the event of an injury. It would be helpful and time saving if you could supply this information on your medical form. For main camp, treatment may be rendered in Utah, Wyoming or Idaho. For the travel camp, Colorado and South Dakota, too.

Medical Forms

On our website, you will find our Medical form. Please make sure that the form is filled out properly and completely. Please remember to sign in the appropriate places and make sure the proper dates of immunizations are listed. Our medical health advisors insist that no camper be admitted without current immunizations.

We strongly urge that you visit your doctor and have him/her complete the medical form. If your doctor fills out his own form, you must attach it to the form we've sent you. It is especially important that the doctor complete and sign the medicine authorization form as part of the medical form. Without this, we

will not be able to dispense any medication, even over-the-counter types like Tylenol.

All forms must be sent in to our office before camp begins. We will not issue admission cards to campers who have not sent in completed medical forms.

Please note: Doctors will usually not fill out these forms if they have not seen the patient recently. Additionally, some medical offices require several weeks to complete the paperwork. Please make sure you allot the appropriate time to complete and submit all forms.

Medical Insurance

All campers and staff members attending camp are required to carry medical insurance. You must furnish this information on your medical form as requested. If for some reason you do not have insurance, you must let us know before camp so we can purchase an additional policy through our insurance (there will be a charge).

Foreign campers

While most campers traveling from another countries purchase Travel Medical Insurance, some don't. If we do not get your insurance information on your medical form, we will assume you do not have insurance and will purchase Medical Insurance for you. We will then bill you accordingly as listed above.

Medications

If your child is coming to camp with year-round prescription

medication, we must have a note from your doctor detailing the medication prescribed, the dosage, time and frequency it should be taken, as well as the reasons for taking the medication. No unlabeled drugs will be dispensed. Please contact the office before camp to discuss proper dosage, timing, etc.

Please make sure that you coordinate directly with the camp nurse if you have any complicated medication, and don't rely on the digital database to relay that info to the nurse.

If your child comes to camp with over-the-counter medications, try to make sure that they have enough for their entire stay. Some of these less common over-the-counter medications are not readily available at local pharmacies should a refill be required. All over-the-counter meds will be held by camp staff until needed.

Prescription Drug Plans

Drugs under \$10 will be dispensed from our camp stock, if available, and be billed directly to you. These drugs will not be processed through your plan.

If you have a special prescription drug plan which covers your drug charges for a minimal fee, please make sure that a copy of the card is attached to our medical form. While our drug store accepts most plans, they do not take all of them. We will do our best to have them accept yours. If they refuse, however, you will be responsible for payment.

PLEASE NOTE: Your medical insurance policy number is not enough for prescription insurance reimbursement. We must have your prescription card. If a prescription is processed without the card or if the prescription card is rejected, you will be billed by camp directly for the prescription at the drug store

price. It will be the parents' responsibility to follow up directly with the pharmacy to resubmit your insurance information for reimbursement.

Nit Check

For everyone's protection, all campers and staff members are required to have their hair checked for lice infestation immediately prior to camp. If the check turns out positive, your child may not go to camp. Arrangements must be made by you to have the nits removed, and then rechecked by a professional approved by the camp. Please remain in constant contact with the camp nurse during this process to avoid misunderstandings.

Note - In order to avoid the discomfort of discovering nits on the day of departure, we suggest that you have your child checked by a knowledgeable nit checker before camp.

Food and Nutrition

Three kosher and wholesome meals a day and a snack will be served. Special diets may be accommodated if arranged before camp. The camp canteen opens most days, see below under canteen. We must insist that all food brought to camp have recognized, reliable kosher certification (OU, OK, Star K and Kof-K ONLY). We reserve the right to confiscate food that does not meet this standard. If you have a question regarding a particular product, please call our office.

Hydration is something that many children don't think about, and is essential to each camper's health and wellbeing.

Each camper must come with a refillable water bottle. Please impress upon your child the importance of proper hydration.

Clothing

Hey, do you like to buy clothing and then lose it automatically? Here's a tip, don't label the stuff you send to camp! We cannot stress enough the importance of labeling each piece of clothing and all belongings that your child brings to camp. This applies to older campers and staff members as well. Unfortunately, many overlook this aspect of camp and it ultimately adds drastically to camping costs.

Here are some suggestions: Purchase only sew-on name tapes. We do not recommend use of iron-on name tapes as they often fall off and leave the clothing unidentifiable. Another option is to use a name stamp with permanent ink or a permanent laundry marker. This, however, does not work on dark clothing where name tapes must be used. You can also write your child's name boldly across the front, but they might not appreciate the fashion statement.

Please do not neglect to label larger items of clothing (shoes, jackets) with the assumption that they do not get lost; they do. Also, the larger the items are, the more it often costs to replace them. Please do not send expensive clothing which may be lost or damaged.

We have enclosed a copy of our suggested clothing list. We recommend that you tape one list into your child's suitcase and keep another copy at home.

Please Note: Camp Nageela West cannot assume responsibility for belongings left on campgrounds. We will make an attempt to return lost and found where possible, but

any belongings left unclaimed on camp grounds will likely be donated after your child's departure from camp.

Camp Nageela West has partnered with Label Daddy to create customized labels at a discount to you, and a percentage will go to help the CNW scholarship fund!

Camp Supplies:

We're Also partnered with Pack for Camp, a great website for purchasing camp supplies, where you can get most of camp's packing list items (aside from the clothes) conveniently.

Visit <http://www.packforcamp.com/nageelawest> and use NAGEELAWEST code at checkout.

Dress Code

No clothes with any vulgar message should be worn. Additionally suggested:

Boys: We request that boys wear some kind of head covering such as a cap or kipah.

Girls: We request that girls not wear exposed midriffs.

Shabbat (AKA Shabbos, Sabbath)

Shabbat begins on Friday night and continues until Saturday night. It is customary in Camp Nageela that campers wear nice clothing during Shabbat; dresses or skirts for girls, dress shirt and slacks, or jacket/suit for boys. Please be sure that dress clothing also adheres to the above guidelines.

Do Not Bring To Camp

Camp is a time to power down and live it up! Therefore, the following guidelines have been set in place to ensure that your child has the most enjoyable experience camp has to offer. We do not allow cell phones, electronic devices with internet access, or DVD players and media players with video capability to be brought to camp. Personal video devices (iPods/ iPads) with video capabilities may be brought, but videos must be deleted prior to arrival in camp. Devices found with videos installed are subject to confiscation.

For safety purposes we do not allow lighters, matches, or weapons of any kind. Sporting equipment such as hockey sticks and baseball bats may be brought but must be stored in our equipment closet when not in use. Skateboards, scooters or rollerblades may only be used with the appropriate safety gear.

Camp Nageela promotes the use of cameras to capture camp memories. However, we suggest you speak to your child about proper camera etiquette prior to camp. We strongly discourage campers from bringing expensive electronics and jewelry to camp.

Because of the travel involved in getting out- of- town campers to camp, Cell phones may be brought along for flights. All phones must be handed in to a staff member. They will be kept safe until the day of departure. Campers coming directly on the bus are better off leaving their phones at home, to avoid losing them, as detailed below.

We ask parents to please be our partner in enforcing these rules for your child's enhanced summer experience. Please model the appropriate behavior by helping them follow the rules.

Any cell phone found in a camper's possession during camp will be donated to charity. You will not get it back. Phones with no apparent service or no sim card are not permitted.

It goes without saying that inappropriate reading material, magazines or posters are not allowed in camp. The same goes for music with crude or vulgar language or content. Any of these items will be confiscated if found and may result in disciplinary action. As a rule, please limit any material to PG.

Communication

Camper Calling Policy

It is our goal in Camp Nageela to provide our campers with the most positive camp experience possible. Developing independence and the ability to work things out without running to call home is one of the hallmarks of a great camp experience.

After long, careful consideration and consultation with many camp professionals, we have decided to adopt a no-calling policy for our campers. This policy is in concert with the vast majority of resident sleepaway camps. We thank you in advance for your understanding.

Campers will be encouraged to write letters home often, and

to make use of the email system described below. If you have questions or concerns about your child or camp, please feel free to contact the camp office where our staff will be glad to help you.

Emails:

Campers will not have access to their own email accounts during camp, so we have set up camper@nageelawest.org. Please send emails as often as you'd like, including your child's name in the subject. We will distribute them daily. We will also allow campers to hand- write notes which we will scan and email to you. Please note that any sensitive or private messages should be sent via a sealed envelope, as we can not guarantee the privacy of the emails on a shared account.

Online Photos, News, and Camper E-mails

What's the next best thing to knowing your child is having the time of their lives in camp?

Getting to see it!

At Nageela West we want to make sure you are always updated on what's going on. We upload oodles and oodles of photos to our Google Photo album. Look for photo links on our website. Photos, updates and all kinds of camp info will be posted regularly on twitter.com/nageelawest and facebook.com/nageelawest. We are planning a weekly ZOOM town hall for parents. This will be only for camp parents and the information will be shared on our parents What's App group.

When you view these updates, please comment online, as we often read parents' comments aloud to the campers (especially

the really embarrassing ones from Grandma).

Communication Between Parents and the Camp

One of the reasons parents send their children to sleep away camp is to help them develop strategies for independent living, while still in a sheltered and protected environment. The camp administration has the profoundly important responsibility of balancing the freedom children need to develop these strategies, with the need to maintain a protective environment. Most misunderstandings between camp administration and parents involve different viewpoints on just what the balance should be. One of the benefits of choosing Camp Nageela West is that you know that the camp administration has given serious thought to creating this balance and has many years of experience in maintaining it.

In recent years, the style of parenting has become ever more protective. Therefore, misunderstandings between the parenting people are used to, and camping policies, have increased. In an effort to clarify things, we are providing the following clear guidelines. Please keep in mind that in areas that we choose not to call you, it is not because we don't want you to know, but we feel that it is in the best interests of your child that he/she learn to deal with the issues within the warm community that is Camp Nageela.

Sick Policy - We will not necessarily call - During the first 24 hours a child has fever, when over-the-counter drugs are prescribed, a child is sent to doctor to check ears, throat, rash, or other similar routine maladies.

We will call - If fever persists more than 24 hours, if a child needs prescription medicine, if a visit to hospital is deemed appropriate, or a child needs stitches. Please see our separate booklet on COVID protocols for information on what happens if a camper or staff member develops symptoms related to the Corona Virus.

Abuse Policy

Camp Nageela West maintains a high level of supervision, which precludes the vast majority of bullying or abuse. Yet, it's impossible to coat children in bubble wrap and there is some inherent risk. Should an incident occur, we have a comprehensive method of dealing with problems.

We will not necessarily call - When there is a fight between campers.

We will call - When a camper has been involved in the 3rd physical altercation that required administration intervention (aggressor's parents.) When a camper is involved in the 3rd verbal assault (e.g. swearing, cursing) that required administration intervention (aggressor's parents), or a child is involved in an incident where the camp administration observes that there are psychological effects. We will also contact parents if there is an incident that in any way has sexual overtones (aggressor and victim.)

Canteen

As part of the excitement of independence, we often allow campers to buy snacks from our canteen. During our main camp session, the canteen functions most days, but not all days. During the travel camp, canteen access will be more limited. For your child's safety the canteen administrator will hold the money until it is used. Each camper will have a

canteen account to keep track of how much is spent. If you would like us to place a daily limit on your child's canteen purchases, please indicate as such when sending in the canteen payment.

Canteen funds can be added online. Alternatively, you may send cash with your child or a check made out to Camp Nageela West. If you are sending a check, please be certain it is clearly labeled as canteen money in the memo section.

Very important - every parent must either choose a daily limit, or authorize no limit. Cash withdrawn for trips will be limited in all cases, at the discretion of the camp.

We suggest you send \$20-25 a week for your child for canteen.

Every trip will have a limit on cash withdrawn. The limit depends on age and trip. If canteen funds are paid for by credit card, there is a surcharge for cash withdrawals, detailed on the website.

Camper Contract

We are proud to provide your child with beautiful lodging and travel arrangements, designed to exceed the expectations of a typical camp. We hope it will remain this way for many years. Our experience has shown that in the relaxed atmosphere of camp, children sometimes feel it is part of the fun to cause damage or injury to others. We have no tolerance for such activity, and we reserve the right to ask the camper to leave camp without a refund, or take any other measure we deem appropriate.

We urge you to speak to your child before camp to reinforce the seriousness of causing any damage, injury or gross misconduct. We also ask that your child read and sign the attached damage contract (included on the Medical and Compliance Form) to ensure that he or she understands the gravity of property damage.

Unfortunately, due to past experience of expensive damage incurred, each camper is required to provide a \$50 damage deposit, which will be returned at camp's damage-free end. Should your child be involved in any damage to camp or rental property, or another camper or staff member's property, the appropriate expenses will be deducted at the discretion of the camp director.

Leaving Campgrounds Without Permission

Camp has always enforced its policy of dismissing any individual who leaves campgrounds without the prior necessary and proper permission. Because of the difficult and complicated times we live in, we wish to reiterate and clarify our policy. To avoid any misunderstandings, please be aware that we will strictly enforce the following policy for both staff and campers:

There will be "zero tolerance" when dealing with any individual who leaves campgrounds without the prior necessary and proper permission. Stepping out of camp boundaries will be considered leaving camp.

NO EXCEPTIONS. NO EXCUSES.

Leaving campgrounds without permission will be cause for

immediate and irrevocable dismissal from camp. .

This policy was adopted for the security and safety of your child and we appreciate your cooperation and understanding in this important matter.

Tutoring

We have a number of experienced staff members who are available for private tutoring and bar/bat mitzvah lessons. If you are interested, please contact our office.

Visiting Day

Many camps have a regularly scheduled visiting day, where camp activities are canceled and parents visit their children. As our camp sessions are short (3 weeks), and we want to squeeze as much action as we can into that short period, we will not have a scheduled visiting day.

Tipping

Our staff works extremely hard to make the summer enjoyable for your child. A tip will go a long way toward showing your appreciation.

Tipping Schedule

Main Camp

Counselors - \$40 each (2 per bunk)

Specialty Counselors - \$40 (just one tip for all)

Alternately, you can give us the suggested total of \$120 and we

will distribute it to the staff.

Travel camp

\$50 to be distributed evenly among the staff

For your convenience, our online parent service center will keep track of all forms you've submitted and your balance and payment information.

Contact Us

During Camp

The camp number for all matters is 801-613-1539.

Before Camp

Girls Head Counselor: Chaya Leiter
cleiter@nageelawest.org

Girls Assistant Head Counselor: Shifra Tabak
stabak@nageelawest.org

Boys Head Counselor: Yehuda Leiter
yleiter@nageelawest.org

Boys Assistant Head Counselor: Yehuda Palgon
ypalgon@nageelawest.org

Camp Director: Rabbi Dani Locker dlocker@nageelawst.org

Mailing Addresses

For security purposes, we will send separate communication with mailing and shipping addresses for the campus.

Email works really well, except for sending cookies.

It doesn't work well for that.

Camp Office:

9421 Grenville Ave.
Las Vegas, NV 89134

Please note, all payments should be sent to the camp office, as we do not maintain year-round staff at the summer locations.



Boys Packing List

10 pairs of boxers/briefs
12 pairs of socks
6 pairs of shorts
10 shirts or t-shirts
2 pairs of pajamas
4 pairs of jeans or long pants
cap or hat with visor
box of tissues (optional)
nice attire for Shabbat
4 towels
2 kippot (with clips) or caps
sweatshirt or jacket (essential)
2 bathing suits
sneakers
dress shoes (optional for shabbat)
laundry bag
Deodorant
flashlight & batteries
backpack
sleeping bag
nail clipper
soap and shampoo
refillable water bottle (essential)
toothbrush and toothpaste
insect repellent x2
sunblock (essential)

Extra Items: Personal sports equipment, Games, Musical Instruments, Camera, stationery

Girls Packing List

10 shirts or t-shirts
6 comfortable pants/skirts/shorts
2 dress outfits for Shabbat
2 pair pajamas
12 pairs underwear
12 pairs of socks
2 bathing suits
4 towels
sweatshirt or jacket (essential)
sneakers
dress shoes
bathing shoes or sandals
cap or hat with visor
toothbrush, toothpaste
shampoo and soap
insect repellent x2
Deodorant
sunblock (essential)
hair accessories
laundry bag
flashlight and batteries
refillable water bottle (essential)
sleeping bag
backpack
box of tissues (optional)
hairbrush
nailclipper
other toiletries

Extra Items: Personal sports equipment, games, musical instruments, camera, stationery

Note: This list is intended for the main camp or full camp sessions. For travel camp

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1

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checklist:
Have you...

- ◇ sent in immunization records
- ◇ sent in medical release form
- ◇ paid your camp balance
- ◇ filled out parent questionairre
- ◇ filled out camper questionairre
- ◇ reviewed camp rules with camper
- ◇ labeled your property